

Presentation of Body and Mind Course at UPCité

Theme of this year: The World Beyond

Classes begin on Friday, **January 23, 2023**

Person in charge of studies: Anne Vanet

Capacity: 2 groups of 20 persons

12 sessions - Friday from 12:30 to 3:30 pm - 3 ECTS - no prerequisite

Summary of the program:

International and experimental multidisciplinary UE where body and mind are invited to express themselves. In theme " the world of tomorrow " that we consider under multiple facets with theoretical courses (in English) and workshops of " theatrical practice ".

This multidisciplinary Course aims to sensitize students to a multidisciplinary approach, and this, at several levels:

- By combining courses in Science, Health and Humanities and Social Sciences
- By mixing students from these three major faculties of Circle U. universities
- By articulating academic courses and practical theatrical and corporal courses.

These different types of courses aim not only to make students aware of the interest of any multidisciplinary approach, to share the points of view of exact sciences and humanities on common themes, but also to initiate them to a work on the body and on concentration, and finally to make them approach problems in a collective way, allowing to develop their capacity of collaborative work.

Students from different European universities will share the theoretical classes live via video, and then come to Paris to participate in a theatrical practice course, to join the French students in order to conceive and realize an event of their choice based on the theme worked on.

Content of the course:

- Academic courses: 8 courses of 1 hour each will deal with the theme of the year from the viewpoints of the humanities and social sciences (4 courses) and the exact sciences (4 courses). It is from the content of these courses that the activity presented will be chosen. The academic courses are given by Circle U. teachers.
- Theater courses: 15 courses of 1 hour. We propose a theatrical and playful exploration of the theme, where the body, imagination, fantasy, creativity and solidarity are brought to the fore. A collective experience that we will invent together. The aim is to break the routine, to relax, to see things differently, to express oneself, to create, to meet, to dream...

No specific level of English required

Evaluation process:

- 1st session: Practical work: 33%, CC: 33%, exam: 33%.

- 2nd session: final exam = 100%.